## A Thought for the Day

"Start by doing what's necessary; then do what's possible; and suddenly you are doing the impossible."

St. Francis of Assisi

By making simple routines and doing the little things that we know need doing – making a bed, tidying up after an activity - we can discover that we can achieve even more each day. When we build on this by challenging ourselves with harder tasks or longer tasks, we find that we can even achieve the impossible. It is important not to give up, but to keep persevering with everything we do at this most difficult time. We have seen this method work throughout history, particularly with the moon landings. We started out with the necessary – learning to fly and test jet planes. The men doing this became the first astronauts who then did the possible – they went to space. Building on this they walked on the Moon, doing what many had thought to be impossible.

#### **A Question**

Are humans alone in the universe? If not why have we heard from no one else?

### A Quote for the Day

"Equipped with his five senses, man explores the universe around him and calls the adventure science." Edwin Hubble

#### **A Link**

Lots of people find comfort in music. <u>Here</u> is a classic track that I often do work to. What music do you work to?



Edition #46 by Mr. Johnson

St Helena School
5 A Day Activity Challenge

# A challenge

30 years ago – on the 24<sup>th</sup> of April 1990astronomers around the world celebrated the launch of the Hubble Space telescope. This is just one of many images it has given us.

Your challenge is to create a poster that shows the following:

- 1) How the telescope was built
- 2) Why it is needed
- 3) What it has shown us about our universe in the 3 decades since its launch